



## 4-H YOUTH DEVELOPMENT PROGRAM



**Audrey R. Norman**  
**County Extension Director**  
**559 North Military Trail**  
**West Palm Beach, Florida 33415**  
<http://www.pbcgov.com/coopext/4-h>  
**Coordinator: Martha Webster**  
**4-H Extension Agent**  
**(561) 233-1731**



**What is 4-H?** 4-H is the youth development component of the Cooperative Extension Service (CES). Its mission is to empower youth to reach their full potential while working and learning in partnership with caring adults.

**Who sponsors 4-H?** The County Extension Office in Palm Beach County is a partnership between the United States Department of Agriculture, the University of Florida's Institute of Food and Agricultural Sciences, and Palm Beach County.

### 4-H CLUB PLEDGE

I pledge my *head* to clearer thinking;  
 My *heart* to greater loyalty;  
 My *hands* to larger service;  
 And my *health* to better living for  
 My club, my community, my country,  
 And my world.

### 4-H PARTICIPATION IN THE SOUTH FLORIDA FAIR

The opportunities for 4-H members to participate in 4-H specific events at the South Florida Fair are many. They can serve as 4-H ambassadors during the fair, enter exhibits, conduct demonstrations/illustrated talks, try their skills at cooking during the 4-H Poultry BBQ Contest, and participate in large and small animal shows.

### RIBBONS AND PREMIUMS

#### 4-H Youth Exhibits

Grand Champion: Purple Rosette \$25  
 (Junior, Intermediate and Senior Divisions)

Reserve Champion: Lavender Rosette \$10  
 (Junior, Intermediate and Senior Divisions)

Blue Ribbon

Red Ribbon

White Ribbon

Green Ribbon (Cloverbud Participation)

#### 4-H Youth Public Speaking

Grand Champion: Purple Rosette \$25  
 (Junior, Intermediate and Senior Divisions)

Reserve Champion: Lavender Rosette \$10  
 (Junior, Intermediate and Senior Divisions)

Blue Ribbon \$5.00

Red Ribbon \$4.00

White Ribbon \$3.00

Green Ribbon (Cloverbud Participation)

The South Florida Fair sponsors ribbons and premiums for 4-H youth competitions.

**ONLY PROJECTS EARNING A GRAND CHAMPION OR RESERVE CHAMPION AWARD WILL BE EXHIBITED AT THE SOUTH FLORIDA FAIR.**

### 4-H AGE DIVISIONS

Cloverbud: 5-7 years old

Junior: 8-10 years old

Intermediates: 11-13 years old

Senior: 14-18 years and older

**Judging is based on the Danish system and the decisions of judges are final.**

4-H members are also encouraged to participate in the other activities taking place at the South Florida Fair. There are community service and competitive opportunities in the areas of poultry, rabbit, dogs, horse, horticulture, livestock, and several others. Please refer to the rest of the Premium Book for more details regarding the dates, times, rules, and regulations in these areas.

## EXHIBITS

### Rules for 4-H Project Exhibits

1. Open to any Palm Beach County 4-H member between the ages of 5-18 years who is officially enrolled by **November 1** of the current 4-H year.
2. Youth **must** be enrolled in a related project area for each exhibit entry.

3. A 4-H member may enter a total of eight (**8**) **exhibits** in *different* categories. The only exception to this is vegetables. A youth may enter up to three (3) different types of vegetables in the vegetable category, each as a separate exhibit. All exhibits must be entered by an individual, not a group.
  4. All exhibits must be educational in nature, representing topics youth have learned from their project areas.
  5. Project areas and their categories are listed on the following page.
  6. All non-food exhibits, must have an exhibit card securely attached clearly printed or typed.
  7. Items must have been made or grown during the current 4-H year with exception of horticulture exhibits.
  8. All horticulture exhibits must have been planted or re-potted before **October 15** of the current 4-H year. Horticulture exhibits must include both the common and scientific name of the plant (s).
  9. All vegetable exhibits must have been planted or re-potted before **December 1** of the current 4-H year.
  10. No holiday items will be accepted.
  11. **Only items receiving Grand and Reserve awards will be exhibited.**
  12. Food and nutrition exhibits must be accompanied by a recipe on a 3"x 5" card. Include name, club, and 4-H age on card.
  13. For cookie, brownie, bar dessert, roll, and muffin entries, there should be six items on a plate.
  14. Food entries are limited to those for human consumption only. The exception is cake decorating. Either real cakes or styrofoam forms may be used.
  15. All foods, vegetables, and cake decorating entries will be exhibited through photographs taken by 4-H staff during judging.
  16. "Cake Decorating" is categorized under "Food & Nutrition".
  17. Entries are not to exceed 10 inches in diameter or 8 inches in height. Collections may not be longer than 16" x 16" x 12".
  18. Drawings done on lined, notebook paper will not be accepted.
  19. All drawings, paintings, and photography **must** be mounted with a two-inch matte border, with the exception of those done on art canvas or other unmountable surfaces. **Framed entries will not be accepted.**
  20. No live animals can be exhibited.
  21. Fair management and the Cooperative Extension Service are in no way responsible for exhibits.
  22. Exhibits may not be removed until 8:00a.m to 9:00am on Sunday, February 1, 2009. Exhibits may be removed by the individual or an assigned club representative.
- Additional Rules for Poster Exhibits:**
1. Posters must be educational in nature, depicting information gained from a specific project.
  2. Posters must be no larger than 22" x 29".
- Additional Rules for Science Boards:**
1. Science boards must illustrate a scientific investigation using the scientific method that includes a project purpose, hypothesis, abstract, procedure, materials, data, results, conclusion, and application.
  2. Science boards must be on tri-fold boards.
- Rules for 4-H Cloverbud Exhibits:**
1. Open to any Palm Beach County 4-H member between the ages of 5-7 years who is officially enrolled as of **November 1** of the current 4-H year.
  2. Each member may exhibit eight items following the rules listed in the previous sections.
  3. Each member will receive feedback from the judges and a participation ribbon but not any premium money.
  4. Cloverbuds are encouraged to enroll in the *Discovering 4-H project*.

